

# YOUTH & TEEN GUIDELINES

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## TIME LIMIT

15 and under are only permitted to use the facility up to 4 hours from the initial check-in.

Time limit begins at initial check-in and expires in 4 hours. Time is continuous and can not be subdivided during the day to total 4 hours.

### Students

Access will be denied during school operating hours to students unless on break.

\*Applies to virtual students

### Behavior Policy

Causes for Suspension or termination

- Disrespect towards staff
- Bouncing balls & being loud in common areas & horseplay
- Leaving trash in sitting areas/gym
- Theft
- Vaping, drugs or alcohol
- Profanity
- Giving false information/lying
- Fighting/bullying
- In an undesignated area for age. If there is not a designated area the teen should exit with the responsible party.

Most issues (unless significant) will have a warning on the first offense.

### YMCA STAFF's Responsible Duty to EXIT Youth & Teens

Per the YMCA's Youth & Teen Guidelines when programs, sports or events are operating in the gymnasium, the YMCA staff have the responsible duty to have unsupervised youth & teens who do not meet the age criteria to be in the wellness areas and/or not actively participating in an activity to exit the facility. Gathering in the lobby areas will not be permitted.

**In addition:**

The YMCA STAFF also have the responsibility to ask anyone regardless of age to exit the facility for behavioral matters as STAFF deems necessary.

### Accounts & Responsible Party

- The responsible parent/guardian must be added to the account with a current photo, contact information & billing information.
- Accounts should be kept up-to-date.
- In the event we need to make contact and information is not up-to-date the account may be placed on hold or terminated until updated.
- Hold accounts allow a 1x courtesy entrance until resolved.
- A parent must fill out and sign the membership application for anyone under 18. Applications will not be given to teens to take home.
- Accounts are set up as automatic drafts.
- We do not allow guests under 18 without approval.

### Age Restrictions

#### 12 years and under

- May not be left unattended
- Membership: Active & In good standing
- Supervised by a parent/guardian 18+ who is a current member.
- NO ACCESS (11 & Under) to wellness/workout zones (Synergy room, wellness room, weight room)

#### 13-15 years

- May be unattended
- Limited to 4 hours per visit from the initial scan
- 12-15 Supervised by a parent/guardian 18+ while using equipment
- 15+ Permitted to use equipment following all policies and posted signage

**Anyone under 18 is required to use the appropriate locker room.**

### Open Court/Pool & Scheduled Activities

- The indoor swimming pool & basketball court have designated hours for certain activities such as games, swim lessons, swim practice, water aerobics, family nights, sports, rentals & events.
- During these times teens should be in an area appropriate for age or exit with the responsible party.
- Teens are not allowed to accumulate in common areas.
- **Please look for signage and emails advising when there are closures or changes in schedules.**

**The YMCA is not responsible for teens who leave the premise.**